

*A Message From Our President:*



Kelley Lavelly

**SNAlowa "P's" in a Pod:  
People, Purpose, Passion and Progress  
WE'RE ALL IN THIS TOGETHER**

**School Nutrition Association of Iowa's  
59th Annual Conference  
June 14th and 15th, 2016  
Coralville Marriott Hotel and Conference Center**



**INSIDE** this issue you will find our Conference Registration and At a Glance information. Please visit SNAlowa website to register online. Highlights for the Conference include: Pre Con Sessions: SNS Exam and Nutrition 101, Brush and Barrel Painting Party and Keynote speaker Tami West. Iowa Dept. of Ed. will conveniently have the Manager's Update the day after our Conference. We plan on seeing you in Coralville!!

**Nominate Someone You Admire for a SNAlowa State Award!  
Employee and Manager of the Year, Super Hero**

Employee and Manager of the Year Awards and Super Hero Team and Individual Awards are still available. All award winners will receive one free registration and be recognized at **SNAI 59th Annual Conference in Coralville**. Nominees must be current SNA members who hold a SNA Certificate in School Nutrition or the SNS Credential. For complete details and to submit your nomination, visit our SNAI Website [www.snaiowa.org](http://www.snaiowa.org) and use the Awards tab. Access the SNAI website often for all registrations and forms that you can fill out, submit and pay for with Pay Pal. **Nomination deadlines for State of Iowa Awards Only have been extended to May 20th, 2016.**



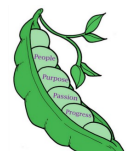
**CALENDAR OF UPCOMING EVENTS**

MAY	6	Celebrate School Lunch Hero Day
	20	Nominations for State Awards must be submitted
JUNE	13	Pre Con Sessions SNS Exam and Nutrition 101
	14-15	SNAlowa 59th Annual Conference-Coralville
	16	I.D.O.E. Managers Update-Summer Short Course
JULY	10-13	SNA Annual National Conference-San Antonio

**SNAlowa "P's" in a Pod:**

**People...**Wayne Community Schools Superintendent Dave Daughton, who not only approved of me running for SNAI Region III Co-Chair five years ago but encouraged me, understanding and support of time commitment, advocacy, professional development, educational opportunities and growth. My Staff and Friends, Christy Moorman, Laurie Lumberry, Shannon Snow and Jauwanna Carr who have planned, organized, held down the fort, gladly shared their time and talents, given me strength and kept me from insanity. My family, for their love, strength, understanding, shared enthusiasm and lost days of time. SNAlowa Executive Board members, for your patience, encouragement, guidance, friendship, trust, for sharing tears, adventures, laughs and hugs. Jean Campbell, for starting my amazing journey! **Purpose...**Represent Iowa School Nutrition Professionals, let our voice be heard, education, advocacy, support our quality school meal programs, professional development and personal growth. **Passion...**Every one of us involved in feeding our students for success have enormous Passion. Passion for learning, growing, providing, supporting, doing what is right. **Progress...**Always moving forward to meet the ever changing requirements, progressing toward the future for our programs, our association, personal lives, professionalism, education and community. We are "P's" in a Pod...we are People with Purpose and Passion and we make Progress each and every day. **We're all in this together and I'm so fortunate and proud to be a Pea!**  
My Appreciation and Thanks to ALL, Kelley : )

**SNAlowa 59th Annual Conference June 14th and June 15th, 2016  
Marriott Hotel and Conference Center in Coralville, IA**



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**Kelley Lavelly**

Director Nutrition Programs  
Wayne Community School District  
102 North Dekalb  
Corydon, IA 50060  
W- 641-872-2184  
C- 641-414-8963

[kelley.lavelly@wayne.k12.ia.us](mailto:kelley.lavelly@wayne.k12.ia.us)

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**Judy Lubben**

Le Mars Community School  
27553 150 th St  
Le Mars, Iowa 51031  
W-712-546-5215  
H-712-533-6528 C- 712-540-0981

[judy.lubben@lemarscsd.org](mailto:judy.lubben@lemarscsd.org)

**Chair of :**  
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**LaRae Doll** Contact info listed below

**Co-Chair of: Nutrition Education Comm**

**Amanda Miller- Prior Approval**  
Director Des Moines Public Schools  
1225 Second Ave  
Des Moines, IA 50314  
W- 515-242-7636

[amanda.miller@dmschools.org](mailto:amanda.miller@dmschools.org)

# SCHOOL NUTRITION ASSOCIATION 2015 of IOWA 2016 EXECUTIVE BOARD LISTING

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**Laurie Lawson**

Spencer Community School  
800 East 3rd Street  
Spencer, IA 51301  
WC- 712-260-8704  
W- 712-264-3423

[llawson@spencerschools.org](mailto:llawson@spencerschools.org)

**SECRETARY-TREASURER\***

**Nancy Hogstad**

Retired  
2055 Country Club Blvd.  
Clive, IA 50235  
C - 515-306-4115

[hog2055@hotmail.com](mailto:hog2055@hotmail.com)

**Chair of:**  
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**SNAI ASSOCIATION MANAGER**

**Norma LaMantia**

School Nutrition Association of Iowa  
5905 Lorton Ave.  
Davenport, IA. 52807  
W - 563-349-3215  
H- 563-391-5944

[snaiowa@msn.com](mailto:snaiowa@msn.com)

work email

**SNA MIDWEST REGIONAL DIRECTOR**

**Lori Danella, SNS**

Nutrition Coordinator  
Lees Summit R-7 School District  
702 Se 291 Highway  
Lees Summit, MO 64063  
W- 819-986-2206

[lori.danella@lslr7.net](mailto:lori.danella@lslr7.net)

**Mission Statement:**

SNAIowa is the state organization of school nutrition professionals committed to advancing the quality of school meal programs through education and advocacy.

**LEGISLATION\*-PARLIMENTARIAN**

**LaRae Doll**

Nutrition Services Director  
Johnston School District  
Johnston, IA 50131-1202  
W-515-252-8444 C-515-988-2418

[ldoll@johnston.k12.ia.us](mailto:ldoll@johnston.k12.ia.us)

**Chair of:**  
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Home:  
5000 Aspen Drive  
WDMoines, IA 50265  
work email

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**NOMINATIONS\***

**Laurie Lawson**

Spencer Community School  
800 East 3rd Street  
Spencer, IA 51301  
WC- 712-346-8240  
W- 712-264-3423 C-712-260-8704

[llawson@spencerschools.org](mailto:llawson@spencerschools.org)

**Chair of:**  
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**SNAI ANNUAL CONFERENCE\*****Judi Olson**

2102 Durant Street  
 Harlan, IA 51537-1221  
 W - 712 755-3212  
 H - 712 755-2517 C - 712-579-5453

[jolson@hcsdcyclones.com](mailto:jolson@hcsdcyclones.com)**SNAI CONFERENCE EXHIBITS/SITES\*/Allied Associations****Kathy Simmerman**

Food Service Director  
 Clarke Community School  
 800 N. Jackson  
 Osceola, IA. 50213  
 W- 641-342-6505 ext. 529  
 C-641-414-4043

[ksimmerman@clarke.k12.ia.us](mailto:ksimmerman@clarke.k12.ia.us)**INDUSTRY REP\*****Beth Wick-Hillstrand**

Food Marketing Services IA  
 4551 Doe Run Drive  
 Cedar Rapids, IA 52411  
 C - 515-556-0023

[bhillstrand@fmserv.com](mailto:bhillstrand@fmserv.com)**MANUFACTURING REP\*****Ann Jevyak**

General Mills  
 1327 West 48th Street  
 Davenport, IA 52806

W - 563-391-0800

[Ann.Jevyak@genmills.com](mailto:Ann.Jevyak@genmills.com)**REGION I CHAIR\*****Colleen Osborn**

Production Manager  
 Linn Mar Community Schools  
 901 W. Main St.  
 Robins, IA 52328  
 W- 319-447-3367  
 C-319-899-0416

[cosborn@linnmar.k12.ia.us](mailto:cosborn@linnmar.k12.ia.us)**REGION II CHAIR\*****Mona Lisa Kienzler**

Davenport Community School Dist  
 4617 Kelling Street  
 Davenport, IA 52806  
 W - 563-650-0726

[monalisa9999@hotmail.com](mailto:monalisa9999@hotmail.com)**REGION III CHAIR\*****Amy A'Hearn**

Director Food and Nutrition Services  
 Southeast Polk Community Schools  
 8325 NE University  
 Pleasant Hill, IA 50327  
 W- 515-957-3431  
 C - 515-218-0416

[amy.ahearn@southeastpolk.org](mailto:amy.ahearn@southeastpolk.org)**REGION IV CHAIR\*****Cheryl Heitritter**

Food Service Director  
 Sheldon Community School  
 4150 280th St  
 Boyden, IA 51234  
 W - 712-324-2501  
 C-712-363-5797

[cheitritter@sheldon.k12.ia.us](mailto:cheitritter@sheldon.k12.ia.us)**REGION V CHAIR\*****Open Position****BUREAU OF NUTRITION & HEALTH SERVICES****Ann Feilmann**

Iowa Department of Education  
 Bureau of Nutrition & Health Services  
 Grimes State Office Building  
 400 East 14th ST.  
 Des Moines, IA 50319-0146

W -515-281-4757 Fax 515-242-5988

H - 641-752-6928 C - 515-681-2307

**Chair of:****Judi Olson**

Home:  
 1408 Southridge Road  
 Harlan, IA 51537  
 work email

**Chair of:****Kathy Simmerman**

work email

Home: (preferred)

4551 Doe Run Drive  
 Cedar Rapids, IA 52411  
 work email

C - 563-505-4298

work email

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**Bureau Chief**

Home: (preferred)

3319 NE Renaissance Dr  
 Ankeny, IA 50021  
[feilmann@q.com](mailto:feilmann@q.com)

**Co-Chairs of: Annual Conference****Current Pres. and Past Pres.-****Kelley Lavelly, Laurie Lawson****Committee:****Co-Chair of: Conference Exhibits/Sites****Susan Knight**

Nutrition Services Dept. Manager  
 Linn Mar Community Schools  
 2999 North 10th St.  
 Marion, Iowa 52302  
 W-319-447-3302 fax 319-377-2494  
 H - 319-377-8299 C- 319-533-5532

[sknight@linnmar.k12.ia.us](mailto:sknight@linnmar.k12.ia.us)**INDUSTRY REP\*****Renee Greiner**

RDN, LD, Nutrition Services  
 Martin Brothers Dist. Co., Inc.  
 6623 Chancellor Drive  
 Cedar Falls, IA 50613

[rgreiner@martinsnet.com](mailto:rgreiner@martinsnet.com)

## 2015 SCHOOL NUTRITION ASSOCIATION of IOWA 2016 EXECUTIVE BOARD LISTING cont.

**REGION I CO-CHAIR\*****Carrie Nachazel**

Grinnell-Newburg Community Schools  
 1333 Sunset St.  
 Grinnell, IA 50112  
 Attn: District Office  
 W - 641-236-2668

[carrie.nachazel@grinnell-k12.org](mailto:carrie.nachazel@grinnell-k12.org)**REGION II CO-CHAIR\*****Jennifer Hamer**

Food Service Manager  
 Davenport Community School Dist  
 907 West Lombard St  
 Davenport, IA 52807  
 W- 563-391-6553

**REGION III CO-CHAIR\*****Sandy Moore**

Food Service Director  
 Mormon Trail Community School Dist  
 502 E. Main St.  
 Garden Grove, IA 50103  
 W- 641-443-3425  
 C - 641-414-0123

[smoore@mormontrailcsd.org](mailto:smoore@mormontrailcsd.org)**REGION IV CO-CHAIR\*****Dawn Baughman**

Food Service Supervisor  
 Newell-Fonda Community School Dist  
 307 North Fulton St  
 Newell, IA 50568  
 W - 712-272-3324  
 C-

[baughmand@newell-fonda.k12.ia.us](mailto:baughmand@newell-fonda.k12.ia.us)**REGION V CO-CHAIR\*****Mandy Vincent**

Lewis Central School District  
 3206 Renner Drive  
 Council Bluffs, IA 51501  
 W - 712-366-8296  
 C - 402-813-4953

[mvincent@lewiscentral.org](mailto:mvincent@lewiscentral.org)**IOWA DIETETICS ASSOCIATION****Ann Feilmann**[ann.feilmann@iowa.gov](mailto:ann.feilmann@iowa.gov)



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Are you looking for school nutrition learning opportunities this summer? We are offering ServSafe, HACCP, New Manager Orientation, Financial Management, Smarter Lunchroom, and Healthy School Meals Workshops in June and July in Ames. Manager's Update will be in **Coralville** this year on June 16 following the School Nutrition Association of Iowa (SNAI) conference.

# School Meal Program Training Opportunities Summer 2016

Iowa Department of Education's Bureau of Nutrition & Health Services and Iowa State University Extension and Outreach are pleased to provide these continuing education workshops.

Course descriptions and registration can be found at: [register.extension.iastate.edu/schoolfoods](http://register.extension.iastate.edu/schoolfoods). If you have questions, contact the Bureau at [schoolmeals@iowa.gov](mailto:schoolmeals@iowa.gov) / (515) 281-5356 or Registration Services at [registrations@iastate.edu](mailto:registrations@iastate.edu) / (515) 294-6222.

**Manager's Update (\$85) June 16**  
**Brown Deer Golf Club** Facility in Coralville  
*held after SNAI Conference*

*The following will be held at Scheman Conference Center - Iowa State University - Ames*

## **ServSafe®**

**June 21: \$150**

Certified Food Protection Manager Course

## **HACCP 101**

**June 22: \$75**

Fine tune your district's Safety Plan

## **New Manager Orientation\***

**July 19-21: \$125**

3 day "Basic Training" for newer managers

## **Financial Management**

**June 21: \$75**

Examine financial elements of school meals

## **Smarter Lunchroom Workshop**

**June 23: \$40**

Provided by Iowa Team Nutrition

## **Healthy Meals Workshop**

**July 20-21: \$100**

"Nuts & Bolts" of healthy school meals

\*included with New Manager Orientation

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## Ellen Sarlat, SNS from DMPS

*On January 18, after spending an eventful morning working together, our management team took time to honor Martin Luther King. About 20 of our team went to Meals from the Heartland. We were broken into a couple of teams that had a lively competition to pack the most boxes of meals during our 1 ½ hour activity. Can't say which team actually won the box count, but Meals for the Heartland did invite us back anytime. I can proudly say we helped them not only beat their goal for the day, but I think we helped them beat the all - time record for one day!*



**Food & Fitness Initiative, Howard-Winn:** Eleventh graders Elaina Balk, Haley Martin, and Michael Mashek visited Crestwood Elementary on Wednesday, March 16 to encourage students to eat a healthy lunch. Balk, Martin, and Mashek are participants in the Food & Fitness Initiative at Crestwood High School in the Howard-Winneshiek Community School District.

Students were encouraged to try foods they otherwise might not try. If they finished at least two different foods on their plates students were given stickers, and if they finished their entire meals they received bracelets from the Food & Fitness Team – a lot of students were excited about finishing their meals that day!

Howard-Winn Nutrition Director Cheryl Dickman notes the Food & Fitness Initiative is a Northeast Iowa-based program, including Allamakee, Chickasaw, Clayton, Fayette, Howard, and Winneshiek counties. A primary goal of the Initiative is to promote healthy and locally grown foods as well as physical fitness to children at school.

The district currently has Junior High and High School Food & Fitness Teams. “Our high school teams throughout the years have been Cross-age Teaching to students in the lower grades about taste-testing fruits and vegetables,” Dickman said. “Now the Initiative has come up with Cafeteria Coaching where high school students come in and encourage the younger students to try things they probably wouldn’t have tried that’s on their lunch trays.”

Lunch on Wednesday consisted of pork tenderloin sandwiches on wholegrain buns with French fries, corn, applesauce, and milk, as well as access to the salad bar where items like fresh lettuce, tomatoes, onions, hardboiled eggs, and strawberries could be found.

“The pork tenderloin comes through the USDA commodities. Years ago, the commodities weren’t that great, and the commodity foods were the things that the kids wouldn’t eat,” Dickman said. “Now the USDA is working at getting more kid-friendly and we’re seeing items like this come in, which helps us save in costs.”

The nutrition director says Wednesday was an easy day to get most students to eat, because the school was serving foods they seem to like. The Food Service at Howard-Winn puts together menus that include items they want the students to try, however, they also pair the items with foods they know the students really like, so they will not leave their entire lunch trays untouched on any given day.

“It really helps when you see the older kids come in and promote healthy eating, showing the younger kids that these foods aren’t scary,” Dickman said.







## **New Fuel Up to Play 60/USDA School Nutrition Equipment Grants**

Midwest Dairy Council is excited to share that USDA is partnering with Fuel Up to Play 60 ([FuelUpToPlay60.com](http://FuelUpToPlay60.com)) through a commitment of \$30 million in nutrition-equipment grants that will combine with a \$5 million commitment from America's dairy farmers to improve nutrition at school. These dollars will be instrumental in helping schools achieve their wellness goals particularly around serving nutritious meals that students want to eat.

This new Fuel Up to Play 60 initiative is offering School Nutrition Equipment Grants of up to \$5,000 per school. The purpose of these grants is to assist School Nutrition Directors in the purchase of equipment that will enhance the long term implementation of their school breakfast and lunch programs.

Funding will support the purchase of new equipment and/or the renovation/replacement of existing equipment. Equipment may include large and small items such as breakfast in the classroom equipment, smoothie blenders, utility carts, utensils, coolers, freezers, etc.

Schools may apply individually, or districts may apply for multiple schools within their district. Visit <http://bit.ly/1oy1amK> to find more information on the grant and a link to the online application.

### **Fuel Up to Play 60 School Nutrition Equipment Grant Highlights**

Grants are competitive

Grants are open to all schools participating in the National School Lunch Program

Grants are available up to \$5,000 and can be requested in multiple items

Grants do not require minimum free & reduced requirement

Grants will be submitted to National Dairy Council for review process

Grantees must agree to guidelines and terms of application.

Questions? Please contact us at



[MidwestDairyCouncil@MidwestDairy.com](mailto:MidwestDairyCouncil@MidwestDairy.com).

# SNAIowa 59th Annual Conference at a Glance

Monday, June 13th, 2016

**PRE-CON Educational Session**

9:00 am - 1:00 pm SNS Exam Duke Slater/2nd Floor  
 8:00 am - 4:30 pm Nutrition 101- ICN 8 hour Course-Lunch Provided  
 3:00 pm - 5:00 pm SNAI Summer Executive Board Meeting



Tuesday, June 14th, 2016

7:00 am - 11:00 am Registration & Breakfast Buffet (until 8:00 am)  
 8:00 am - 8:25 am Welcome to the SNAI 59th Annual Conference  
 8:30 am - 9:30 am Educational Sessions  
 Coral Ballroom A,B,C A. I.D.O.E.- Bureau of Health and Nutrition  
 Oakdale 1 and 2 B. Jen Ransom-Midwest Dairy Council  
 Coral Ballroom D C. Dan Wetherell-Iowa Pork Producers  
 Coral Ballroom E D. Chef Monica-General Mills  
 9:35 am - 10:35 am Educational Sessions  
 Coral Ballroom A,B,C A. I.D.O.E.- Bureau of Health and Nutrition  
 Oakdale 1 and 2 B. Jen Ransom-Midwest Dairy Council  
 Coral Ballroom D C. Dan Wetherell- Iowa Pork Producers  
 Coral Ballroom E D. Chef Monica-General Mills  
 10:45 am - 12:00 pm SNAI First General Session- SNAIowa- Members Meeting  
 12:00 pm - 1:00 pm Luncheon  
 1:00 pm - 3:00 pm SNAI Second General Session – Keynote Speaker - Tami West  
 3:00 pm - 6:00 pm Free Time  
 4:00 pm - 5:00 pm Platinum Partners and Directors  
 5:30 pm - 6:00 pm Social Time  
 6:00 pm - 7:00 pm Supper Buffet  
 7:00 pm - 10:00 pm Brush and Barrel Painting Party

**SNAIowa**



**“P’s” in a Pod**  
 People, Purpose, Passion, Progress

Wednesday, June 15th, 2016

7:00 am - 9:00 am Registration & Breakfast Buffet (until 8:00 am)  
 7:00 am - 7:30 am Morning Walk and/or Morning Talk  
 8:00 am - 9:45 am SNAI Third General Session- Awards & Installation  
 10:00 am - 11:00 am Team Nutrition  
 11:05 am - 12:00 pm Educational Sessions  
 Coral Ballroom D A. I.D.O.E.- Bureau of Health and Nutrition  
 Coral Ballroom A,B,C B. DMPS- Amanda M./Sandy H.-Food Rescue  
 12:05 pm - 1:00 pm Educational Sessions  
 Coral Ballroom D A. I.D.O.E.- Bureau of Health and Nutrition  
 Coral Ballroom A,B,C B. DMPS- Amanda M./Sandy H.-Food Rescue  
 12:00 pm - 3:00 pm Food Show Exhibits-Blue Dots Only  
 1:00 pm - 3:00 pm Food Show Exhibits  
 3:00 pm - 3:30 pm SNAI 59th Annual Conference Conclusion

There has been some confusion, in the past, concerning the first hour of Exhibit time offered to Director-Buyers. We provide this opportunity for our Sponsor-Vendors and Director-Buyers so they may have ease of access to interact. Members must register as Level One-Director-Buyer in order to participate in the first hour of Exhibits. Members that register as such will receive a blue dot on their conference name tag that allows them access to attend the first hour of exhibits. Please email Norma LaMantia with any questions you may have @ [snaaiowa@msn.com](mailto:snaiowa@msn.com). Thank You.

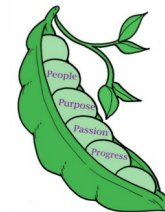




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June 14th and June 15th, 2016

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### CONFERENCE HIGHLIGHTS INCLUDE:

Tami West – Keynote Speaker  
Brush & Barrel – Painting Party Entertainment  
Bureau Updates and Breakout Sessions  
Break Out Sessions

Pre-Con Session Monday 13th:

Nutrition 101 Yes \_\_\_\_\_ No \_\_\_\_\_

Taco Bar Supper Yes \_\_\_\_\_ No \_\_\_\_\_

Painting Party Yes \_\_\_\_\_ No \_\_\_\_\_

### CONFERENCE REGISTRATION FEES:

(Registration is non-refundable, but is transferable to another person unless the event is cancelled by SNAI)

Pre-Con Session Nutrition 101	\$25.00	Member	Non Member	_____
Level One-Full Conference (FS Director/Buyer)	\$105.00		\$140.00	_____
Level Two-Full Conference (FS Personnel)	\$ 70.00		\$105.00	_____
Level Three-Full Conference (Retired)	\$ 75.00		\$100.00	_____
Level Four-Tuesday Only	\$ 65.00		\$ 90.00	_____
Level Five-Wednesday Only	\$ 45.00		\$ 70.00	_____
Late Fees Apply After JUNE 6, 2016	\$ 20.00		\$ 20.00	_____
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# 2016 Position Paper

Every school day, 30 million children depend on school nutrition programs to nourish their bodies and minds. School nutrition programs are expected to operate as businesses, without relying on school district funds. However, these historically under-funded programs are struggling to manage increased food and operating costs, heightened by recent regulatory mandates. As a result, the financial sustainability of these programs is threatened, to the detriment of the students, school districts and communities they serve.

The School Nutrition Association (SNA) represents 56,000 professionals committed to serving students nutritious meals while being responsible stewards of federal funds. SNA urges Congress to help restore the fiscal solvency of school nutrition programs and streamline requirements to ease administrative burdens on schools and families. SNA requests that Congress:

## **CHILD NUTRITION REAUTHORIZATION:**

- **Swiftly pass a robust Child Nutrition Reauthorization bill, including the Senate agreement on school meal standards, so school nutrition programs can responsibly plan for the upcoming school year.**

## **FUNDING:**

- **Increase the per-meal reimbursement for school breakfast and lunch by 35 cents to ensure School Food Authorities (SFAs) can afford to meet federal requirements.** Prior to implementation of any new legislation and regulations, Congress should provide full funding to cover all related costs identified through economic analysis.
- **Provide 10 cents per breakfast in USDA Foods to support the School Breakfast Program.** Currently, SFAs only receive commodity support for school lunch.

## **PROGRAM SIMPLIFICATION:**

- **Provide \$1 million for an independent study of federal reporting requirements for Child Nutrition Programs in an effort to develop a more efficient, unified and consolidated reporting system.** Duplicative and overly burdensome administrative mandates divert school nutrition professionals' attention from their mission of serving students.

## **UNPAID MEAL CHARGES:**

- **Compel USDA to complete its report and implement regulations that effectively address debt arising from unpaid meal charges.** Unpaid meal charges by students continue to increase, and school nutrition programs are unable to absorb these costs. In 2010, Congress instructed USDA to report on this issue and gave USDA the authority to implement regulations to address the problem of unpaid meal charges, per Section 143 of the Healthy, Hunger-Free Kids Act (P.L. 111-296).



## SNA's Legislative Action Conference (LAC) Feb 27 – Mar 2, 2016

A 6 person delegation from SNAIowa attended SNA's Legislative Action Conference in Washington DC. The delegation consists of From left to right: Region I Chair—**Colleen Osborn**, President Elect—**Judy Lubben**, SNA President—**Jean Ronnei**, Iowa Supporter-Asian Food Solutions—**Dan Walhgren**, Legislative Chair—**LaRae Doll**, Region III Chair—**Amy A'Hearn**, President—**Kelley Lavelly**, Nutrition Education Co-Chair—**Amanda Miller**. All 4 Iowa congressional districts were represented by SNAI representatives this trip. Mar 1<sup>st</sup> the Iowa Delegation met with Iowa Senators and Representatives to secure support for Child Nutrition Reauthorization.

Child Nutrition Reauthorization – 1/19/201

Senate Child Nutrition Reauthorization Bill Released

The U.S. Senate Committee on Agriculture, Nutrition & Forestry has released the Improving Child Nutrition Integrity and Access Act of 2016, legislation to reauthorize the Healthy, Hunger-Free Kids Act. SNA praised the Senate Agriculture Committee for crafting bipartisan legislation and urged Congress to quickly advance the bill.

**SNA Responds:** The non-profit School Nutrition Association (SNA) worked collaboratively with the US Department of Agriculture (USDA), the White House and the Senate Agriculture Committee to reach an agreement to improve nutrition standards for school meals. The agreement preserves strong standards to benefit students while easing some regulatory mandates to alleviate unintended challenges facing school meal programs. The agreement will be included in the Senate Agriculture Committee's Child Nutrition Reauthorization bill, scheduled for a markup on Wednesday "SNA was pleased to work alongside USDA in crafting practical solutions to help school nutrition professionals in their ongoing efforts to improve school meal programs for students," said SNA President Jean Ronnei, SNS. "In the absence of increased funding, this agreement eases operational challenges and provides school meal programs critical flexibility to help them plan healthy school meals that appeal to students."

"SNA members greatly appreciate the leadership of Chairman Pat Roberts, Ranking Member Debbie Stabenow, and Senator John Hoeven for their efforts to address some of the unintended challenges resulting from school nutrition regulations," said Ronnei.

**AGREEMENT SUMMARY:**

**WHOLE GRAINS:** Under current regulations, all grains offered with school meals must be whole grain rich – down to the croutons on the fresh salad bar. This agreement requires 80% of the grains offered with school meals be whole grain rich, allowing schools to offer occasional servings of enriched grains. The change provides flexibility for schools struggling with product availability and allows schools to make special exceptions to appeal to diverse student tastes and regional preferences for items like white tortillas or biscuits that don't meet current standards.

**SODIUM:** Schools have made great strides in reducing sodium to meet Target 1 sodium levels, effective on July 1, 2014. However, school nutrition professionals have warned that later sodium targets will push many healthy options, like low-fat deli sandwiches, soups and salads off the menu, due in part to naturally occurring sodium in foods.

Under the agreement, schools gain two additional years to meet Target 2 limits, which will now take effect on July 1, 2019. Starting in 2019, a study will be conducted to determine whether scientific research supports the final sodium limits (effective July 1, 2022) and whether food companies are capable of preparing foods that meet those limits. The study will also evaluate the impact of Target 2 limits on student lunch participation, food cost, safety and food service operations.

**A LA CARTE:** *Smart Snacks in School* regulations (effective July 1, 2014) severely limited the items sold in cafeteria a la carte lines, prohibiting the sale of everything from low-fat, whole-grain pizza to salads or hummus with a side of whole grain pretzels. As a result, students have fewer healthy choices in the cafeteria and schools have collected less revenue to offset the higher cost of meeting new regulations. This agreement will establish a working group to examine the impact of a la carte restrictions and recommend to USDA a list of allowable nutrient-dense food exemptions for a la carte sale.

**FRUIT AND VEGETABLE MANDATES:** The updated regulations required schools to offer students larger servings and a wider variety of fruits or vegetables; however, rules requiring every student to take a fruit or vegetable with every school meal has increased the amount of produce being thrown away in the cafeteria. Although salad bars and sharing tables help reduce food waste by allowing students to select the foods they prefer and share foods they don't care to eat, some local food safety inspectors have discouraged schools from utilizing them. Under the agreement, the Centers for Disease Control and Prevention and USDA will establish new guidance, designed for local governments, confirming the safety of and encouraging the use of salad bars and sharing tables.

SNA had requested an increase in the federal reimbursement rate for school meals to help schools offset the higher cost of meeting new nutrition standards. When the regulations were released, USDA estimated increased food and labor costs under the new rules would amount to a 10 cent increase in the cost of preparing every lunch and 27 cent increase in the cost of preparing every breakfast. Congress provided schools an additional 6 cents for each lunch served, but no extra funding for breakfast. As a result, schools are financially struggling under the regulations, as indicated by a recent [SNA survey](#).

"SNA will continue working with partners to support school meal programs and to seek additional assistance to help schools manage increased costs and improve meals for students," said Ronnei.

Respectfully Submitted by LaRae Doll



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# LEGISLATIVE DAY AT THE STATE CAPITOL 2016



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January 16th , SNAIowa Executive Board Members, connect with legislators and learn about our state legislative process. Legislators sure enjoyed the healthy Grab-n-Go school breakfast.



From Front to Back and Left to Right:

Exhibit Co-Chair-**Cathy Conklin**, Conference Chair-**Judi Olson**, Region III Co-Chair-**Sandy Moore**, IDOE-**Ann Feilmann**, Pres-elect-**Judy Lubben**, Region IV Chair-**Cheryl Heitritter**, Region I Chair-**Colleen Osborn**, Nomination Comm-**Cheryl Dickman**, Region V Co-Chair-**Mandy Vincent**, President-**Kelley Lavelly**, Past Pres.-**Laurie Lawson**, Mktng/SocMed/ Pub.Comm.-**Christy Moorman**, Exhibit Chair-**Kathy Simmerman**, Manuf. Rep-**Ann Jevyak**, Indust. Rep-**Renee Greiner**.

**Legislative Chair—LaRae Doll** is not pictured and we sincerely apologize for that. LaRae is an amazing asset to the SNAIowa Executive Board. LaRae has served on the Board for many years in various positions. She is SNS Credentialed and is truly a model Nutrition Professional. Thank you LaRae for your dedication and service to SNAIowa and the School Nutrition Community. You are an amazing “P” in the Pod. We are all in this together—Kelley : )

It has been my pleasure to serve on the SNAI board this year as Legislative Chair. SNAI has a group of talented, wonderful leaders that come together to better the association for its members and mission: To advance good nutrition for all children in Iowa. LaRae Doll



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# SNAIowa Nutrition Seminar Centennial High School Ankeny 2016



Communication in the Cafeteria Focus Group



## **Chef Chad's Hummus Recipe**

- 16 oz. can garbanzo beans
- 1 tsp cumin
- ¼ c. vegetable oil
- 1 tsp garlic
- ½ tsp salt
- 1 tsp Louisiana Hot Sauce
- 3 Tbsp Sunflower butter
- 2 tps lemon juice

Keep a little bit of liquid from the canned beans to add back into the hummus. Combine all the ingredients in a food processor and blend until creamy. Approx 3 minutes. Scrape down the sides and blend for 1 minute.





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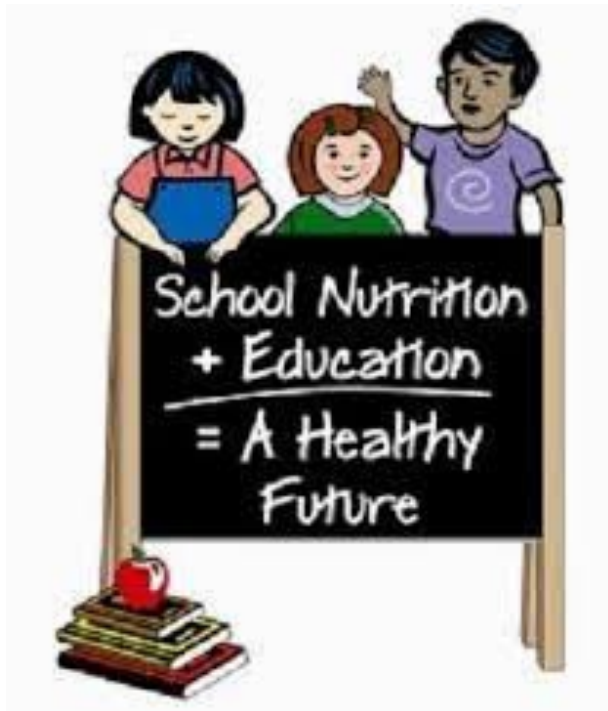


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The Directors meeting held at the Scheman building gave the Directors great ideas to move Forward. Just an FYI out to all, we will always stay centrally located for our Directors meeting and our Nutrition Seminar. Thanks to all the Presenters for their hard work in making it a success.



**SNAIowa Region I Co-Chair**  
**Carrie Nachazel**  
**Grinnell-Newburg**  
**Community Schools**



**Davis Elementary had a special menu for Dr. Suess's birthday.  
Marjena Sloan--left Mary Arensdorf-right.**



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